



Know Your Numbers Wellness Event

Vendor Application | Invitation to Partner

Saturday, April 14, 2018 | 9:00am – 12:00pm

Historic Hormel Home | Austin, MN

Knowing wellness numbers can have big impact on a person's life and those they care about. **A collaborative wellness effort is being planned to promote education, awareness, and free screening on health numbers and you are invited!**

Providing support, education and local resources that raise awareness of what wellness numbers are, what they mean, what practical ways folks can improve and maintain their numbers as well as free screening to get numbers (blood pressure, BMI, glucose, cholesterol, and more) will be the focus.

We are inviting you to connect with the community to share the resources you provide that equip and empower our community members to live well!

Organization Name: _____

Contact Person Name: _____

Address: _____

Email: _____

Website: _____ **Phone:** _____

Brief Description of how you will engage at the event:

BENEFITS:

- Exposure and opportunity to promote your organization and services provided to encourage/assist folks in living well.
- No charge to you

PROFESSIONAL EXPECTATIONS:

1. Commit to hosting your table for the full timeframe of the event to engage the participants
2. Engage those attending in creating ways that inspire healthy living exploration (if you need ideas connect with the planning team at connect@MowerRefreshed.org)
3. If you choose to offer any give a ways or samples, please make sure they encourage healthy living (e.g. nutritious snack).

Ready to Engage?

To secure your space RSVP to connect@mowerrefreshed.org with your completed application by Friday, March 16th, 2018

Partnering with you to engage, equip and empower wellbeing!

Mayo Clinic Health System Albert Lea Austin | Mower Refreshed

YMCA of Austin

Statewide Health Improvement Program of Mower County

Hy-Vee of Austin

Winona State University Nursing Students

U of MN Extension Mower County