

Mower County Resource Listing

Resources for families and children in Mower County

CRISIS INTERVENTION

Law Enforcement/Medical Emergency 911

Mayo Clinic Health System	433-7351
Nurse Care Line	1-888-609-4065
Patient Online Services - support line	1-877-858-0398
Other Behavioral Services	433-7389
◆ Psychiatric Service Unit	433-7351
◆ Crime Victims Resource Center	437-6680
◆ Tobacco Cessation	434-1424
◆ Patient Education	434-1753

CAREER COUNSELING

Riverland Community College	433-0600
Workforce Development	433-0555

CHILD CARE

Child Care Resource and Referral (Mower and Freeborn Counties)	1-800-462-1660
Crisis Nursery (emergency/temp care)	434-9599
	1-877-434-9599

CHILD ABUSE PREVENTION

Child Protection	437-9700
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CONSULTING

Sandy Anderson – Life Coaching	507-440-2390
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CLOTHING

Birthright (Sizes 0-4/Maternity) (Hours: Wed & Thurs 3 – 7 pm)	437-2373
Rachel's Hope (Sizes birth – 2T and Diapers / baby equipment) (Hours: Tues & Wed 10 am – 5 am)	437-7595
Salvation Army	433-7203

USED CLOTHING FOR SALE

Twice Is Nice	433-5353
Salvation Army	437-4566

CRISIS INTERVENTION

Crisis Response	1-844-274-7472
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DRIVERS LICENSE-Exams M-T-W

	434-2675
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EMPLOYMENT

CHOICES (displaced homemakers)	280-5510
Cedar Valley Services	433-2303
Workforce Development, Inc.	433-0555
Welcome Center (refugees less than 5 yrs)	434-2863

ENERGY ASSISTANCE-SEMCA

Mower County	433-5889
Rushford	1-800-944-3281

COUNSELING/MENTAL HEALTH

Area school social workers have info (see education)

Austin High School	Julie Hale	460-1816
Mayo Clinic Health System		433-7351
The Bridge		434-9334
Catholic Charities		433-3062
Cedar River Counseling Service		433-6482
Family Facilitators: (Greater County)		
Janice Green		481-4770
Family Focus		434-3586
Lutheran Social Services		433-3639
Mayo Clinic Social Service		284-2131
Psychiatry/Psychology Assoc-So. MN		433-5191
Cedar House, Inc.		437-9152
Crime Victim Resource Center		437-6680
Independent Management Services/ARMHS, therapy, diagnostic assessment & psychological test		437-6389
Dr. Moran Professional Corporation		438-2010
Veteran Service Office, Mower County		434-2712
Quality Case Management, Inc		437-9085
Quality Community Services, Inc		437-9085
New Horizons Adoption Agency	1-800-314-3370	
Gerard Community Mental Health Services	434-4366	
Outpatient, individual and family therapy		
Kevin Anderson, Lic. Psychologist/EMDR Therapy		507-440-0134

EDUCATION

Austin Public Schools Administration	460-1900
Alternative School/Area Learning Center	460-1805
Austin Community Education	460-1706
Austin Adult Learning	460-1707
English Language Learning	460-1707
GED & Transition to College	433-0538
Austin ECFE (Early Childhood Family Ed.)	460-1709
Austin ECSE (Early Childhood Special Ed.)	460-1705
Austin Early Childhood Screening	460-1700
Grand Meadow Admin, ECFE, Comm S.	754-5310
Brownsdale Elementary	567-2244
Hayfield-Brownsdale ECFE	477-3236
LeRoy-Ostrander, Administration	324-5743
ECFE/Community Service	324-5741 ext. 228
Lyle Admin, ECFE, Comm Service	325-4146
Southland ECFE	582-3405
Elementary	437-3214
High School	582-3568
Administration, Community Service	582-3568
Riverland Community College/Austin	433-0600
	1-800-247-5039
HeadStart Program (SEMCA)	433-5889
PACER	1-800-537-2237
Hayfield-Brownsdale Public Schools	477-3236
Blooming Prairie Public Schools	583-4427

University of MN Extension, Mower Co.	437-9552
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FAMILY VISITATION & EXCHANGE

Seibel Center	434-7550
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LITERACY EDUCATION-

(MN Lit. Coun. 1-800-222-1990)

(Tutoring 1-800-225-READ)

Family Literacy	460-1707
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PARENTING EDUCATION

Parents Forever: Divorce Education	437-8330
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Parent WarmLine, English	1-888-584-2204
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Línea de Apoyo y Comprensión Paterna	1-877-434-9528
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Parenting Resource Center, Inc.	437-8330
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University of MN Extension, Mower Co.	437-9552
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Austin ECFE (Early Childhood Family Ed.)	460-1709
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FOOD

Mower County DHS, vouchers	437-9701
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LeRoy Food Shelf	324-5283
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WIC (Women, Infants & Children)	437-9799
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Salvation Army	437-4566
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Our Saviors Lutheran—Lyle	325-4684
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American Red Cross—Disaster	437-4589
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NAPS	1-877-500-8699
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Little Cedar Food Shelf	582-3185
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(for Southland families)

Austin Meals on Wheels	433-3120
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Semcac Senior Dining Austin	459-9270
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Semcac Meals on Wheels Adams	582-3263
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Semcac Meals on Wheels Grand M/Dexter	754-5744
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Semcac Meals on Wheels Lyle	325-9966
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PERSONAL CARE ITEMS

Welcome Center	434-2863
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FOSTER CARE

Mower County DHS	437-9700
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HOUSING

Austin HRA	433-1866
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Mower Co HRA	434-5556
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American Red Cross (disaster)	437-4589
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Salvation Army (emergency)	437-4566
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SEMCA (emergency)	433-5889
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Welcome Center	434-2863
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Housing Equality Law Project	1-866-292-0080
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Rochester Women's Shelter	507-285-1010
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Crime Victims Crisis Center (Albert Lea)	373-2223
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Quality Community Services, Inc	437-9085
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Crisis Resource Center (Owatonna)	1-800-451-1202
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Dorothy Day Shelter (homeless)	507-282-5172
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Habitat for Humanity-Freeborn/Mower	433-1349
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Housing Code Complaints (Austin city only)	437-9950
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HUMAN SERVICES

Independent Management Services 437-6389
 Lutheran Social Services of MN (App Only) 433-3639
 Lutheran Social Services of MN 373-0567
 Welcome Center 434-2863
 Mower County DHS 437-9701
 MN 211 211
 Cedar Valley Services 433-2303
 New Horizons Adoption Agency 1-800-314-3370
 Austin Human Rights Commission 437-9940

LAW ENFORCEMENT

Austin Police Department Emergency 911
 Austin Police Department Non-emergency 437-9400
 Mower County Sheriff 437-9400
 Truancy Officer 437-9454
 Current Jail Inmate List w ww.co.mower.us/sheriff.html

LEGAL SERVICES

Mower County Attorney 437-9428
 Mower County Correctional Services 437-9454
 SE MN Reg. Legal Services (Intake) 1-888-575-2954
 Albert Lea Office 1-800-223-0280
 MN. Family Farm Law Proj. 1-866-292-0080
 Immigrant Law Center of MN 507-460-8948

LIBRARIES

Austin Public Library 433-2391
 Brownsdale Public Library 567-2177
 Grand Meadow Public Library (story hour) 754-5859
 Hayfield Community Library 477-2455
 LeRoy Public Library (story hour) 324-5641
 Lyle Community Library (story hour) 325-2369
 MN Library for Blind/Talking Books 1-800-722-0550
 Parenting Resource Center Specialty Library 437-8330

HEALTH

Mayo Clinic Health System
 Adams 582-3547
 Austin 433-7351
 LeRoy 324-5305
 Minnesota Care 1-800-657-3672
 Mower County Public Health 437-9701
 Sacred Heart Home Health Care 433-1808
 Intrepid USA Health Care Service 433-4700
 MN Children w/Special Health Needs 1-800-728-5420
 United Home Health Care Choice 1-888-460-1815
 Open Door Health Center 507-388-2120

AIDS-HIV TESTING

AIDS National Hotline 1-800-342-AIDS
 AIDS Minnesota Hotline 1-800-248-AIDS
 Open Door Health Center (Nurse line)
 507-388-2120 ext. 5629

BIRTH CONTROL

MN Family Planning/VD Hotline 1-800-783-2287
 Mayo Clinic Health System 433-7351
 Mower County Community Health 437-9701
 Open Door Health Center 507-388-2120

PREGNANCY

Mower County Community Health 437-9701
 Rachel's Hope, Support & Council 437-7595
 Catholic Charity Information Line 1-800-222-5859
 Pregnancy Hot Line 1-800-848-5683
 Mayo Clinic Health System 433-7351
 New Horizons Adoption Agency 1-800-314-3370

MOWER COUNTY PUBLIC HEALTH

Child-teen check up, Immunizations, 437-9701
 Infant follow-along, Family Planning Community
 Clinic, Women, Infant, Children (WIC)

DISABILITY SERVICES

The ARC Mower County 433-8994
 Cedar Branch DAC (Adams) 582-7726
 Cedar Valley Services 433-2303
 Division of Rehabilitation 433-0570
 Epilepsy (MinCep Care, PA, Mpls) 1-612-525-2400
 March of Dimes/SE MN 1-507-282-0649
 MN State Council on Disabilities 1-800-562-9747
 Mower Council for the Handicapped 433-9609
 SE Center for Independent Living (Roch) 285-1815
 REM Woodvale 433-7301
 SEMCIL 1-888-460-1815
 MN Children w/Special Health Needs 1-800-728-5420
 Independent Management Services 437-6389
 Quality Case Management, Inc 437-9085
 Quality Community Services, Inc 437-9085

CHEMICAL DEPENDENCY

Alcoholics Anonymous (AA) 433-9868
 Education/Enforcement Liaison 433-0408 Ext #0407
 Narcotics Anonymous 433-9868
 Mayo Clinic Health System Austin 434-1890
 Fountain Center Albert Lea 1-800-533-1616
 Mayo Clinic Health System
 Tobacco Cessation 434-1429
 Free Support Group Wed. 5-6 pm 434-1429

MINORITIES

Ethnic Minority Servs (RTC/Austin) 433-0686
 Línea de Apoyo 1-877-434-9528
 Welcome Center 434-2863
 Latino Economic Development Center 507-396-2101

SCHOOL SOCIAL WORKERS

Grand Meadow 754-5317
 LeRoy-Ostrander 324-5741

Lyle 325-4146
 Southland/Rose Creek 437-3214
 Austin Schools
 Banfield 460-1200
 I.J. Holten Intermediate 460-1525
 Neveln 460-1600
 Southgate 460-1300
 Sumner 460-1100
 Woodson 460-1400
 Ellis Middle School 460-1500
 Austin High School 460-1900
 Austin CLC 460-1700

FINANCIAL CONSULTING

Tom Klapperick 438-9632

SOCIAL SECURITY Administration 866-504-5010

SUPPORT GROUPS

Crime Victims Resource Center 437-6680
 Mothers of Children with Handicaps 325-4742
 Adult Children of Alcoholics 437-3797
 Circle of Parents 377-7665
 La Leche League of Southeast MN 456-8238

TOLL-FREE HOTLINE NUMBERS

Battered Women 1-800-799-7233
 Epilepsy Foundation of MN 1-800-332-1000
 MADD(Mothers Against Drunk Drivers) 1-800-487-6233
 Runaways/Safe Choices 1-800-621-4000
 Runaways (Operation Peace of Mind) 1-800-231-6946
 Stuttering Hotline 1-800-221-2483
 MN Crime Victims 1-800-247-0390
 24-Hour Crisis Line 1-800-422-1295

TRANSPORTATION

SMART 1-855-762-7821

WOMEN

CHOICES of SE MN 280-5510
 Crime Victims Resource Center 437-6680
 Rachel's Hope 437-7595
 Open Door Health Center 507-388-2120

YOUTH CHILDREN/RECREATION

Austin Community Education 433-0971
 Austin Park & Recreation Program 433-1881
 Boy Scouts 387-3123
 Gerard of MN (school/treatment program) 433-1843
 Girl Scouts River Valley 1-800-845-0787
 Jay C. Hormel Nature Center 437-7519
 Make A Wish Foundation of MN 1-612-767-9474
 4-H Program (U of M Extension, Mower Co.) 437-9552
 YMCA 433-1804
 Mower County Mentoring 437-9454