

Mower County Resource Listing /Lista de Recursos del Condado de Mower

Resources for families and children in Mower County

CRISIS INTERVENTION/SERVICIOS DE INTERVENCIÓN EN SITUACIONES DE CRISIS

**Law Enforcement/Medical
Emergency/Policia/ Emergencia Medica
911**

NON-EMERGENCY SERVICES/ SERVICIOS SIN EMERGENCIA

Mayo Clinic Health System 433-7351
Nurse Care Line 1-888-609-4065
Patient Online Services - support line 1-877-858-0398
Other Behavioral Services 433-7389
◆ Psychiatric Service Unit 433-7351
◆ Crime Victims Resource Center 437-6680
◆ Tobacco Cessation 434-1424
◆ Patient Education 434-1753

CAREER COUNSELING/ CONSEJERÍA EN CARRERAS

Riverland Community College 433-0600
Workforce Development 433-0555

CHILD CARE/ GUARDERÍAS

Child Care Resource and Referral (Mower and Freeborn Counties) 1-800-462-1660
Crisis Nursery (emergency/temp care) 434-9599
1-877-434-9599

CHILD ABUSE PREVENTION/ PREVENCIÓN DE MALTRATO INFANTIL

Child Protection 437-9700

CLOTHING/ ROPA

Birthright (Sizes 0-4/Maternity) 437-2373
(Hours: Wed & Thurs 3 – 7 pm)
Rachel's Hope (Sizes birth – 2T and Diapers / baby equipment) 437-7595
(Hours: Tues & Wed 10 am – 5 am)
Salvation Army 433-7203

USED CLOTHING FOR SALE/ VENTA DE ROPA USADA

Twice Is Nice 433-5353
Salvation Army 437-4566

CRISIS INTERVENTION/ INTERVENCIÓN EN CRISIS

Crisis Response 1-844-274-7472

DRIVERS LICENSE LICENCIAS DE CONDUCIR /-Exams M-T-W 434-2675

EMPLOYMENT/EMPLEO

CHOICES (displaced homemakers) 280-5510
Cedar Valley Services 433-2303
Workforce Center, Inc. 433-0555
Welcome Center (refugees less than 5 yrs) 434-2863

ENERGY ASSISTANCE ASISTENCIA DE ENERGÍA /-SEMCAC

Mower County 433-5889
Rushford 1-800-944-3281

COUNSELING/MENTAL HEALTH/ CONSEJERÍA/ SALUD MENTAL

Area school social workers have info (see education)
Austin High School Julie Hale 460-1816
Mayo Clinic Health System 433-7351
The Bridge 434-9334
Catholic Charities 433-3062
Cedar River Counseling Service 433-6482
Family Facilitators: (Greater County)
Janice Green 481-4770
Family Focus 434-3586
Lutheran Social Services 433-3639
Mayo Clinic Social Service 284-2131
Psychiatry/Psychology Assoc.-So. MN 433-5191
Cedar House, Inc. 437-9152
Crime Victim Resource Center 437-6680
Independent Management Services/ARMHS, therapy, diagnostic assessment & psychological test 437-6389
Dr. Moran Professional Corporation 438-2010
Veteran Service Office, Mower County 434-2712
Quality Case Management, Inc 437-9085
Quality Community Services, Inc 437-9085
New Horizons Adoption Agency 1-800-314-3370

EDUCATION/ EDUCACIÓN

Austin Public Schools Administration 460-1900
Alternative School/Area Learning Center 460-1805
Austin Community Education 460-1706
Austin Adult Learning 460-1707
English Language Learning 460-1707
GED & Transition to College 433-0538
Austin ECFE (Early Childhood Family Ed.) 460-1709
Austin ECSE (Early Childhood Special Ed.) 460-1705

Grand Meadow Admin, ECFE, Comm S. 754-5310
Brownsdale Elementary 567-2244
Hayfield-Brownsdale ECFE 477-3236
Interagency Early Intervention Committee 433-0900
LeRoy-Ostrander, Administration 324-5743
ECFE/Community Service 324-5741 ext. 228
Lyle Admin, ECFE, Comm Service 325-4146
Southland ECFE 582-3405
Elementary 437-3214
High School 582-3568
Administration, Community Service 582-3568
Riverland Community College/Austin 433-0600
1-800-247-5039
HeadStart Program (SEMCAC) 433-5889
PACER 1-800-537-2237
Hayfield-Brownsdale Public Schools 477-3236
Blooming Prairie Public Schools 583-4427
University of MN Extension, Mower Co. 437-9552

FAMILY VISITATION & EXCHANGE / VISITAS FAMILIARES Y INTERCAMBIOS

Seibel Center 434-7550

LITERACY EDUCATION/ EDUCACIÓN LITERATURA

(MN Lit. Coun. 1-800-222-1990)
(Tutoring 1-800-225-READ)
Family Literacy 460-1707

PARENTING EDUCATION/ EDUCACIÓN DE PADRES

Parents Forever: Divorce Education 437-8330
Parent WarmLine, English 1-888-584-2204
Línea de Apoyo y Comprensión Paterna 1-877-434-9528
Parenting Resource Center, Inc. 437-8330
University of MN Extension, Mower Co. 437-9552
Austin ECFE (Early Childhood Family Ed.) 460-1709

FOOD/COMIDA

Mower County DHS, vouchers 437-9701
LeRoy Food Shelf 324-5283
WIC (Women, Infants & Children) 437-9799
Salvation Army 437-4566
Our Saviors Lutheran—Lyle 325-4684
American Red Cross—Disaster 437-4589
NAPS 1-877-500-8699
Little Cedar Food Shelf 582-3185
(for Southland families)

Austin Meals on Wheels 433-3120
 Semcac Senior Dining Austin 459-9270
 Semcac Meals on Wheels Adams 582-3263
 Semcac Meals on Wheels Grand M/Dexter 754-5744
 Semcac Meals on Wheels Lyle 325-9966

PERSONAL CARE ITEMS/ ARTÍCULOS DE CUIDADO PERSONAL

Welcome Center 434-2863

FOSTER CARE/ CUIDADO ADOPTIVO

Mower County DHS 437-9700

HOUSING/VIVIENDA

Austin HRA 433-1866
 Mower Co HRA 434-5556
 American Red Cross (disaster) 437-4589
 Salvation Army (emergency) 437-4566
 SEMCAC (emergency) 433-5889
 Welcome Center 434-2863
 Housing Equality Law Project 1-866-292-0080
 Rochester Women's Shelter 507-285-1010
 Crime Victims Crisis Center (Albert Lea) 373-2223
 Quality Case Management, Inc 437-9085
 Crisis Resource Center (Owatonna) 1-800-451-1202
 Dorothy Day Shelter (homeless) 507-282-5172
 Habitat for Humanity-Freeborn/Mower 433-1349

HUMAN SERVICES/ SERVICIOS HUMANOS

Independent Management Services 437-6389
 Lutheran Social Services of MN (App Only) 433-3639
 Lutheran Social Services of MN 373-0567
 Welcome Center 434-2863
 Mower County DHS 437-9701
 MN 211 211
 Cedar Valley Services 433-2303
 New Horizons Adoption Agency 1-800-314-3370
 Austin Human Rights Commission 437-9940

LAW ENFORCEMENT/POLICIA

Austin Police Department Emergency 911
 Austin Police Department Non-emergency 437-9400
 Mower County Sheriff 437-9400
 1-800-437-9400
 Truancy Officer 437-9454
 Current Jail Inmate List w ww.co.mower.us/sheriff.html

LEGAL SERVICES/SERVICIOS LEGALES

Mower County Attorney 437-9428

Mower County Correctional Services 437-9454
 SE MN Reg. Legal Services (Intake) 1-888-575-2954
 Albert Lea Office 1-800-223-0280
 MN. Family Farm Law Proj. 1-866-292-0080

MEDIATION/ MEDIACIÓN

Mediation Center of So. Minnesota 433-3663

LIBRARIES/BIBLIOTECAS

Austin Public Library 433-2391
 Brownsdale Public Library 567-2177
 Grand Meadow Public Library (story hour) 754-5859
 Hayfield Community Library 477-2455
 LeRoy Public Library (story hour) 324-5641
 Lyle Community Library (story hour) 325-2369
 MN Library for Blind/Talking Books 1-800-722-0550
 Parenting Resource Center Specialty Library 437-8330

HEALTH/SALUD

Mayo Clinic Health System
 Adams 582-3547
 Austin 433-7351
 LeRoy 324-5305
 Minnesota Care 1-800-657-3672
 Mower County Public Health 437-9701
 Sacred Heart Home Health Care 433-1808
 Intrepid USA Health Care Service 433-4700
 MN Children w/Special Health Needs 1-800-728-5420
 United Home Health Care Choice 1-888-460-1815

AIDS-HIV TESTING/ EXAMENES DE SIDA-VIH

AIDS National Hotline 1-800-342-AIDS
 AIDS Minnesota Hotline 1-800-248-AIDS

BIRTH CONTROL/ ANTICONCEPTIVOS

MN Family Planning/VD Hotline 1-800-783-2287
 Mayo Clinic Health System 433-7351
 Mower County Community Health 437-9701

PREGNANCY/EMBARAZO

Mower County Community Health 437-9701
 Rachel's Hope, Support & Council 437-7595
 Catholic Charity Information Line 1-800-222-5859
 Pregnancy Hot Line 1-800-848-5683
 Mayo Clinic Health System 433-7351
 New Horizons Adoption Agency 1-800-314-3370

MOWER COUNTY PUBLIC HEALTH/ SALUD PÚBLICA DEL CONDADO MOWER

Child-teen check up, Immunizations, 437-9701
 Infant follow-along, Open door clinics, Women, Infant, Children (WIC)

DISABILITY SERVICES/ SERVICIOS DE DISCAPACIDAD

The ARC Mower County 433-8994
 Cedar Branch DAC (Adams) 582-7726
 Cedar Valley Services 433-2303
 Division of Rehabilitation 433-0570
 Epilepsy (MinCep Care, PA, Mpls) 1-612-525-2400
 March of Dimes/SE MN 1-507-282-0649
 MN State Council on Disabilities 1-800-562-9747
 Mower Council for Handicapped 433-9609
 SE Center for Independent Living (Roch) 285-1815
 REM Woodvale 433-7301
 SEMCIL 1-888-460-1815
 MN Children w/Special Health Needs 1-800-728-5420
 Independent Management Services 437-6389
 Quality Case Management, Inc 437-9085
 Quality Community Services, Inc 437-9085

CHEMICAL DEPENDENCY/ DEPENDENCIA DE SUSTANCIAS QUÍMICAS

Alcoholics Anonymous (AA) 433-9868
 Education/Enforcement Liaison 433-0408 Ext #0407
 Narcotics Anonymous 433-9868
 Mayo Clinic Health System Austin 434-1890
 Fountain Center Albert Lea 1-800-533-1616
 Mayo Clinic Health System
 Tobacco Cessation 434-1429
 Free Support Group Wed. 5-6 pm 434-1429

MINORITIES/ MINORÍAS

Ethnic Minority Servs (RTC/Austin) 433-0686
 Línea de Apoyo 1-877-434-9528
 Welcome Center 434-2863

SCHOOL SOCIAL WORKERS/ TRABAJADORES SOCIALES DE LA ESCUELA

Grand Meadow 754-5317
 LeRoy-Ostrander 324-5741
 Lyle 325-4146
 Southland/Rose Creek 437-3214
 Austin Schools
 Banfield 460-1200
 I.J. Holten Intermediate 460-1525
 Neveln 460-1600

Southgate	460-1300
Sumner	460-1100
Woodson	460-1400
Ellis Middle School	460-1500
Austin High School	460-1900
Austin CLC	460-1700

4-H Program (U of M Extension, Mower Co.)	437-9552
YMCA	433-1804
Mower County Mentoring	437-9454

* Last Updated: 03/4/16 by the Parenting Resource Center

**FINANCIAL CONSULTING/ CONSULTORÍA
FINANCIERA**

Tom Klapperick	438-9632
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SOCIAL SECURITY/SEGURO SOCIAL

Administration 866-504-5010

SUPPORT GROUPS/ GRUPOS DE APOYO

Crime Victims Resource Center	437-6680
Mothers of Children with Handicaps	325-4742
Adult Children of Alcoholics	437-3797
Circle of Parents	377-7665
La Leche League of Southeast MN	456-8238

**TOLL-FREE HOTLINE NUMBERS/ NÚMEROS
DE LÍNEA TELEFÓNICA GRATUITA**

Battered Women	1-800-799-7233
Epilepsy Foundation of MN	1-800-332-1000
MADD(Mothers Against Drunk Drivers)	1-800-487-6233
Runaways/Safe Choices	1-800-621-4000
Runaways (Operation Peace of Mind)	1-800-231-6946
Stuttering Hotline	1-800-221-2483
MN Crime Victims	1-800-247-0390
24-Hour Crisis Line	1-800-422-1295

TRANSPORTATION/TRANSPORTACION

SMART	1-855-762-7821
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WOMEN/MUJERES

CHOICES of SE MN	280-5510
Crime Victims Resource Center	437-6680
Rachel's Hope	437-7595

**YOUTH CHILDREN/RECREATION/
RECREACIÓN JUVENIL**

Austin Community Education	433-0971
Austin Park & Recreation Program	433-1881
Boy Scouts	387-3123
Gerard of MN (school/treatment program)	433-1843
Girl Scouts River Valley	1-800-845-0787
Jay C. Hormel Nature Center	437-7519
Make A Wish Foundation of MN	1-612-767-9474