



Refreshed Dining Location Application

Thank you for your interest in becoming a Refreshed Dining Location. Mower Refreshed and our partners are excited to collaborate with you to help make healthy choices easier in Mower County and promote your efforts to make healthy choices when dining out more accessible to your current and future customers.

An ideal Refreshed Dining Location offers a refreshing experience to its customers in terms of atmosphere, practices, and food choices. It feels and looks healthy. Equipping and empowering your staff with information on ways your business is making healthy dining options easier is key. Informed and friendly staff were top drivers for consumers returning to an establishment according to a survey conducted in Mower County.

Please respond to the following questions to help us understand what your dining establishment has to offer consumers in Mower County.

Name of Establishment: _____

Owner/Manager: _____

Address: _____

Phone Number: _____

E-mail: _____

Website: _____

Type of food/dining: _____

Please indicate which of the following criteria your business/organization meets. Feel free to briefly describe how your organization meets the criteria; Mower Refreshed will use these details when advertising your business as a Refreshed Dining Location.

_____ Fresh fruits and vegetables (local when possible). _____

_____ Variety of healthy options (less fat, sodium, sugar) at equal prices to less healthy options identified on menu. _____

_____ Options for reduced portion size advertised for consumers to choose. _____

_____ Discounts on fruit or vegetable offerings to promote Wellness Wednesdays (ex. \$1 side salads/fruit cups or 5-10 % off identified healthy choices on Wednesdays) _____

_____ Areas without TV/screens or other entertainment distractions. A bonus would be cards, games, et that promote interaction. _____

_____ Eco-friendly and *safe*/healthy to go containers (paper products vs. Styrofoam, etc.)

_____ Allergy friendly and gluten-aware options (clearly identified) _____

_____ Vegetarian option and/or ability to adapt menu items to make vegetarian. _____

Any other information you would like to share about what makes your business/organization a Refreshed Dining location for consumer to enjoy?_____

Please submit application electronically to connect@mowerrefreshed.org or mail to:

Mower Refreshed
Mayo Clinic Health Systems
408 4th St NW
Austin, MN 55912



Thank you for applying to become a Refreshed Dining Location. Together, we can make healthy choices easier in Mower County and encourage economic growth for our area businesses!